

Care of the Device and Accessories

- Care of CPAP equipment is simple and requires a minimal amount of time to maintain properly. It may help to think of the care as on a 'once a day, once a week, once a month and as needed' schedule. This information will also be discussed with you when the equipment is delivered.
- Wash the CPAP mask daily in warm water and a mild soap. Pat dry with a clean towel.
- Wash the tubing once weekly by taking it in the shower with you and letting a good amount of water run through it. Hang it to drip dry.
- There is a filter in the CPAP machine. This filter will either be disposable or washable, depending on the machine delivered to you. You should check the condition of the filter once monthly and either replace, or wash it, if it is dirty. You should be supplied with replacement filters if your machine has the disposable filter type.
- The headgear may be washed in mild soap and warm water on an as needed basis.
- We do not recommend soaking the mask or tubing, as this can result in swelling of the plastic and distortion of shape.
- Wash your mask and tubing daily if you have a cold.